



Oak Forest PTA

Healthy Kids Activity Log

Activity	Day 1		Day 2		Day 3		Day 4		Day 5		Day 6		Day 7		Day Totals
	Enter Date	Enter Date	Enter Date	Enter Date	Enter Date	Enter Date	Enter Date	Enter Date	Enter Date	Enter Date	Enter Date	Enter Date	Enter Date		
Example: Bicycling	15	<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	
		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	
		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	
		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	
		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	
		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	
		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	
Daily Total		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	

Name _____

Grade _____

Teacher _____

Parent Approval - Signature _____

Please complete this form and drop-off in the box located at the OFE front office by 8am on Friday, February 9, 2018

All completed entries will be eligible for a raffle prize draw!

Winners will be announced on Friday, February 9, 2018.

If you have any questions, please e-mail:
 Kathleen Orr ... healthykid@oakforestpta.com
 Herman Lam ... healthykid2@oakforestpta.com

